

RUN

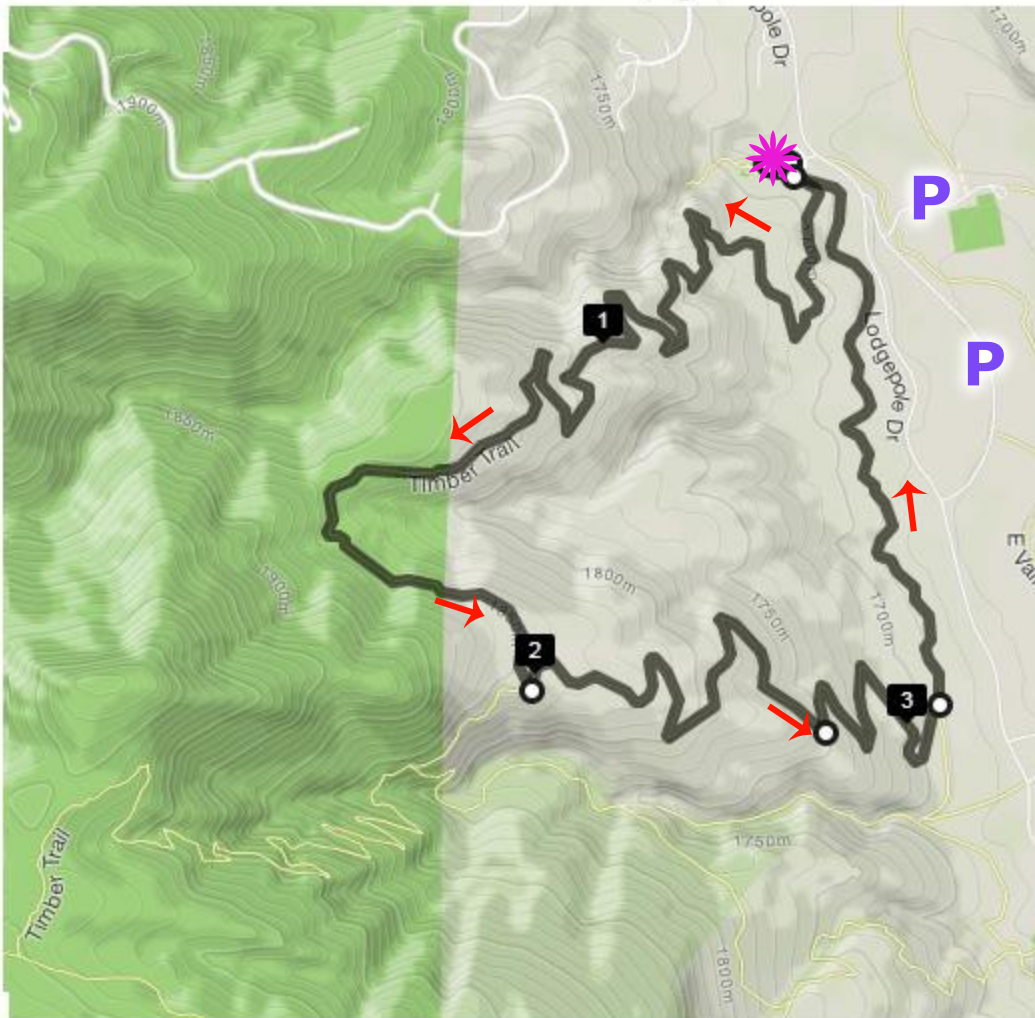


The DIRTY DUO Bike & Run

Lory State Park Colorado

TURN BY TURN DIRECTIONS

- Leave transition, head WEST on Timber Trail
- At the Trailhead - Turn LEFT - EAST onto KIMMONS Trail
- Turn LEFT - NORTH onto W Valley Trail
- Head BACK towards Transition & Finish Line



↑ = Athlete Direction

★ = TRANSITION - START
FINISH - AID STATIONS

P = PARKING
(all spots are 5 minutes
or less to the start line)

**4 Miles
Single Loop**

Elevation Gain:
573ft

