



5 Mile Course = 5.1 Miles SINGLE LOOP

10 Mile Course = 10.2 Miles DOUBLE LOOP

TURN BY TURN DIRECTIONS

- Runs start at the Soldier Canyon lot area
- Head WEST on Lodgepole Dr (150ft)
- Turn RIGHT onto Lodgepole Dr (25ft)
- LEFT U-TURN onto Lodgepole Dr going SOUTH (5ft)
- Go SOUTH on Lodgepole Dr to 2nd Well Gulch Trail (1 mile)
- Turn RIGHT onto Well Gulch Trail (.6 mile)
- Turn LEFT onto Overlook Trail (1.2 miles)
- Turn LEFT/EAST onto Arthurs Rock Trail TO Trailhead (.3 miles)
- Go To/Through Arthurs Parking Lot & Aid Station (50ft)
- Go NORTH on Lodepole Dr. to Soldier Canyon (2 miles)
- 5 Mile Athletes TURN RIGHT TO FINISH IN SOLDIER CANYON
- 10 Mile Athletes STAY STRAIGHT TO COMPLETE THEIR 2ND LOOP
- All Runners Finish in Soldier Canyon Area

Follow cones, signs, arrows & volunteer directions

Trail marker flags & 'ground powder' will be utilized for
technical turns & to help guide you