



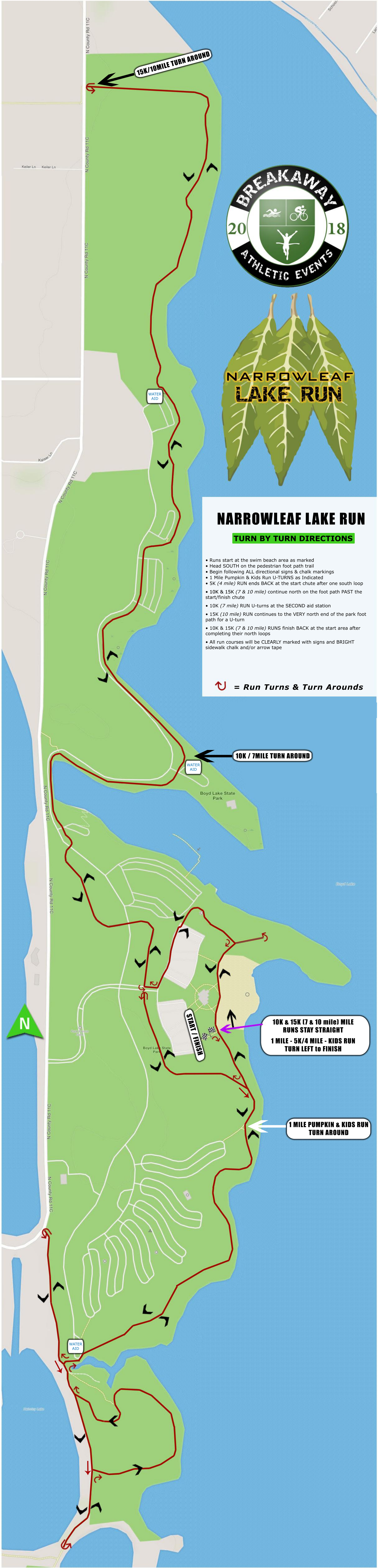
NARROWLEAF LAKE RUN

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TURN BY TURN DIRECTIONS

- Runs start at the swim beach area as marked
- Head SOUTH on the pedestrian foot path trail
- Begin following ALL directional signs & chalk markings
- 1 Mile Pumpkin & Kids Run U-TURNS as Indicated
- 5K (4 mile) RUN ends BACK at the start chute after one south loop
- 10K & 15K (7 & 10 mile) continue north on the foot path PAST the start/finish chute
- 10K (7 mile) RUN U-turns at the SECOND aid station
- 15K (10 mile) RUN continues to the VERY north end of the park foot path for a U-turn
- 10K & 15K (7 & 10 mile) RUNS finish BACK at the start area after completing their north loops
- All run courses will be CLEARLY marked with signs and BRIGHT sidewalk chalk and/or arrow tape

= Run Turns & Turn Arouns



15K/10MILE TURN AROUND

10K / 7MILE TURN AROUND

10K & 15K (7 & 10 mile) MILE RUNS STAY STRAIGHT
1 MILE - 5K/4 MILE - KIDS RUN TURN LEFT TO FINISH

1 MILE PUMPKIN & KIDS RUN TURN AROUND



Start Elevation: 5000ft
Finish Elevation: 5000ft
4Mile Gain: 32ft | 7Mile Gain: 56ft
10Mile Gain: 101ft