



ATHLETE GUIDE

NOCO Half Marathon & 10K - Boyd Lake State Park, CO Saturday, April 27th 2024



Hello Runners!!

Race day on Saturday April 27th is just around the corner. Yes...we're excited!

We're grateful for the warm spring season kicking off a summer of fun events!

This athlete guide contains all the information you'll need to logistically be prepared to race in this event. While this document isn't as information intensive as our Triathlon Guides, there are still important information bits to go over. Please set aside some time to carefully read and understand both this guide and any updated information about this race we may post on our website (www.breakawayathleticevents.com) or on our social media pages.

On behalf of our race staff and volunteer team, I want to say thanks for racing with Breakaway Athletic Events and all your fellow athletes. We are excited (*in a fist bump kinda way*) that you're part of this race morning.

Please stay safe as your weekly running tapers down a bit for race day and have fun! We'll see you at the starting line!

Sincerely,

Your Race Director - JB

"Never Limit Your Challenges - Challenge Your Limits"





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IMPORTANT NOTES

Please **PRINT** your vehicle parking pass **BEFORE** race morning if possible.
This allows quick entry into the park and keeps the rangers happy!

The parking pass is directly linked below. If you don't have access to a printer, don't worry as we will have passes for everyone that indicated they needed one when they registered.

breakawayathleticevents.com/nocohalfpass

Awards for this race will include age groups but may NOT have a full roll down. This simply means if there are only 2 athletes in an award category, we won't have any sort of roll down for a 3rd person.
Certain categories may be limited to the 1st place award ONLY.

Wave Starts - Lead Bike & Pacer Info

Lead Bike - Chris (*starts with first wave and will pace in front of fastest runner(s) as all waves merges*)

WAVE 1 - 2:30+ FINISH TIMES (2:45 pacer) | 7:15AM - Paced by Valerie & Dan

WAVE 2 - 2:30 APPROXIMATE FINISH TIME | 7:17AM - Paced by Kirsten & Coura

WAVE 3 - 2:15 APPROXIMATE FINISH TIME | 7:19AM - Paced by Kenny

WAVE 4 - 2:00 APPROXIMATE FINISH TIME | 7:21AM - Paced by Katie

WAVE 5 - 1:45 APPROXIMATE FINISH TIME | 7:23AM - Paced by Sam

WAVE 6 - 1:30 (or faster) APPROXIMATE FINISH TIME | 7:25AM - NO pacer - Lead bike by Chris

10K Start Time is 8:00am



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SCHEDULE OF EVENTS

PACKET PICK-UP INFORMATION

1) Boyd Lake State Park – BEFORE the main gate – FRIDAY 4/26 – 3:00pm-5:30pm
3720 N Co Rd 11C, Loveland, CO 80538

***Your bib will be at this location AND at the venue on race morning. ***

Please consider PRE RACE MORNING for packet pickup if you're able to. This keeps any potential lines and race day stress small.

RACE DAY – Saturday April 27th – Boyd Lake State Park – SWIM BEACH PAVILLION AREA

6:00am: Race Area & Parking Opens

6:15am: Race Day Bib Pick Up & Race Day Registration – OPEN (*please bring cash to register as it helps efficiency*)

7:45am: Bib Pick Up CLOSES

7:10am: Race Day Registration CLOSES (HALF MARATHON)

7:45am: Race Day Registration CLOSES (10K)

7:00am: Short Athlete Briefing on Course Routes & Important Notes

7:15am: ½ Marathon Runners Start (6 total waves - SLOWEST to FASTEST finish ETA's)

8:00am: 10K Runners Start

9:30am: FOOD, BEER & SMILES!

10:00am-10:15am (*approx*): Awards Announced (Top Overall & limited age group roll downs)

10:45am: Race Closure / End Of Morning (*No worries - the finish line is the last to come down*)

DIRECTIONS & PARKING

Directions to Boyd Lake State Park (Race Venue)

Address: 3720 N Co Rd 11C, Loveland, CO 80538

Google Map: <https://goo.gl/maps/W5oX4B4Yvhf6cjQ69>

Parking Map - breakawayathleticevents.com/noco-half-marathon

Parking spots are abundant and all within 1-2 minutes walking distance from the start/finish line. PLEASE PLAN to arrive BEFORE 7:00am as that's when the booth starts checking passes. If you arrive AFTER 7:00am have your registration email pulled up on your phone OR a copy of the parking pass printed!

NO PARKING on the south side of the main lots near the swim pavilion. This is part of the half marathon run course!

PARKING ON RACE DAY: PLEASE ensure the parking passes are in your windshield if you do not have an annual pass.

SPECTATORS: It is highly recommended that spectators arrive with their athlete on race day. Every vehicle needs at least a day pass for the state park (which can be purchased directly from the kiosk or us).

PLEASE BE CAREFUL WHEN DRIVING IN THE AREA AS ATHLETES MAY BE WARMING UP



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IMPORTANT DETAILS

- Every participant **MUST** have a photo ID at bib pickup
- If you do not have a photo ID - **YOU WILL NOT BE GIVEN** your race bib
- Every participant **MUST** be present (*in person*) to pick up their race bib. If you are **UNAVAILABLE** to pick up your own packet for any reason, whoever is picking up your packet **MUST** have a photo ID of you
- **** Absolutely NO exceptions will be made. Please don't ask ****

1) You must pick up your bib at one of the designated bib pickups or on race day. We suggest you pick up your bib the day before the race so you're not rushed on race morning

2) You must have a photo ID. We cannot release your bib to you without a valid Photo ID, no exceptions. It is a USATF rule.

BIB PICKUP DETAILS

This is a list of the bib pickup procedures to ensure a quick & easy process for you & all the athletes as well as to ensure that there are no surprises on race day.

- 1) Ensure you have a Photo ID with you prior to your arrival.
- 2) Upon arrival there will be a registration tent/table clearly marked as Breakaway Athletic Events
- 3) Present your Photo ID to the registration staff member or volunteer.
- 4) Once you have your race number bib, proceed to the shirt/swag pickup at the next table.
- 5) Present your race **bib** to the Shirt volunteer as it will show what size shirt you ordered. Collect your shirt & swag and you're all done.

Note, you will not be able to switch shirt sizes until AFTER packet pickup closes. What you ordered is what you will get. Swaps can be made after bib pickup closes on race day only, as this is to ensure everyone receives the shirt that they ordered, and that any extras will then be used to swap out sizes.

Race Number Instructions: Your race bib will contain your info on the back. If you REQUESTED a parking pass, please ask a staff member if they did not give you one automatically.

2) Running Bib #: This is absolutely **CRITICAL** for your proper race timing. Please wear this on the front of your body (run belts with bib holders are fine) and ensure it is visible at the **START** and **FINISH** of your race. **NO bib, NO timing.**

You running bib MUST point down at all times (ie. the bottom of the numbers are aimed at the ground)



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COURSE DETAILS PLEASE READ

HALF MARATHON: Your course starts on the path BEHIND the finish line. You'll start by running THROUGH the finish line to click your chips. This is NOT a gun start race, so you can spread out. You'll do TWO small loops within the immediate parking lot and then out onto the main park vehicle road. This will be well marked and pointed out by volunteers/staff. You will run SOUTH on the road, loop past the aid station and then run NORTH on that same road back to the starting point, through the finish line (backwards) and then out onto the park paths heading south.

10K: Your course starts on the OTHER side of the finish line. You are running through the finish line BACKWARDS and getting directly onto the park paths. NO parking lot loops or park vehicle roads.

PLEASE check course maps and 3D videos so you are familiar. breakwayathleticevents.com/noco-half-marathon

NEW FOR 2024: GPS Interactive & Downloadable Maps are available on the 'course info & maps tab' as well!

HALF MARATHON GPS DIGITAL ROUTE: <https://www.plotaroute.com/route/2551395>

10K GPS DIGITAL ROUTE: <https://www.plotaroute.com/route/2551446>

Strollers and Doggos: Both are welcome! **PLEASE NOTE:** There are TWO off-road sections on this race. One on the south loop that is run ONCE in each direction (*approximately .4 miles each time*) and ONE on the middle section near the beach (*.3 miles*). These sections are NOT stroller friendly. We recommend having a family member that's spectating be available at these spots for you so as not to leave your stroller unattended.

The SOUTH loop off road section leaves and returns the paved path in different spots about 200ft apart. This is an easy drop/pickup of your stroller that a family member can facilitate at a comfortable walking pace (grabbing and reuniting you with your stroller at each spot – TWICE).

The MIDDLE loop off road section leaves and returns the paved path in the SAME spot.

TRASH: Please do not discard trash, water bottles, or anything else on the course outside of the aid station OR finish areas. We want to keep our parks clean, safe and this course enjoyable for all racers.

ALL OFF ROAD SECTIONS WILL BE MARKED WITH PINK FLAGS AND/OR GREEN GROUND PAINT AND/OR FLOUR

IMPORTANT REMINDERS

General:

- Headphones (such as ipods) and music are okay for use but not recommended
- Follow ALL signage and be mindful of your surroundings
- This is a PUBLIC STATE PARK – other non-athletes will be out on the same trails & paths
- Be polite, courteous and speak your intentions in passing another athlete
- DO NOT LITTER THE COURSE, PLEASE PACK OUT WHAT YOU PACK IN!!!